

**BOARD OF EDUCATION  
School District #33 (Chilliwack)**

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**524.1**

**ADMINISTRATIVE REGULATION**

**Non-Violent Crisis Intervention:**

**Use of Physical Restraint of Students within a Safety Plan or Individual Education Plan (IEP)**

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**DEFINITION:**

Physical restraint is a judicious and temporary control measure with a child/student, who is out of control, in order to prevent violence or abuse to other persons or self.

**WHO SHOULD RESTRAIN:**

Restraining may be required inside or outside of the classroom and should be done only by a trained administrator, teacher or support staff member. Whenever possible, two or more adults should be involved or present while restraining a student.

**WHEN TO RESTRAIN:**

1. Restraining is required when, in the opinion of the administrator, teacher or support staff member, the threat is immediate and other measures have been demonstrated to be of little or no benefit to a student who may pose a danger to self or others.
2. It is recognized that there may be occasions where physical restraint may be appropriate even though more moderate measures have not been used, eg, where a student is in the process of causing harm to another person.

**RESPONSIBILITIES:**

1. The school district is responsible for providing appropriate in-service in non-crisis intervention procedures including restraint.
2. Principals are responsible for ensuring that teachers and support staff who will be expected to use non-crisis intervention procedures are trained in these techniques including the use of restraint.

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Cross Refs:

Adopted: January 27, 1998  
Reviewed:  
Revised: March 5, 2007

3. Principals are responsible for ensuring that all documentation surrounding workplace violent incident reporting have been completed and submitted for each incident when restraint has been used. Use of restraint documentation form should be completed and provided to the School Based Team.
4. Principals are responsible for ensuring that the use of non-violent crisis intervention techniques, including the potential use of restraint, is included in the safety plan for the student.
5. Principals are responsible for ensuring that parents/guardians and the school based team are notified when physical restraint is used.