I hope that the school year has started off well! I am hoping that you can forward this email to any of the teachers in your PE department or other coaches at your school that may be interested.

We have recently started an Olympic weightlifting club program at our school that has become very successful, and I am hoping to help grow the sport at the high school level. I have worked with the BC Weightlifting Association to offer a condensed one-day NCCP Olympic Weightlifting Club Coach certification course in conjunction with the province-wide professional development day on October 25th. This is usually a two-day course, but the facilitators have condensed the material to fit into a single day to attract teachers.



Location: Vancouver College (5400 Cartier St, Vancouver)

Time: 8am-8pm
Date: October 25th

Cost: \$300 (no money will be going to Vancouver College)

Registration: https://www.bcweightlifting.ca/event/nccp-club-coach-course-

16/?instance id=482

Please let me know if you have any questions or concerns. Thanks in advance for your time!

Scott Vass MHK, RK, CSCS

Athletic Director/Strength & Conditioning Coordinator

svass@mail.vc.bc.ca 604-261-4285 (ext 237) School 604-261-2284 Fax

Vancouver College 5400 Cartier Street Vancouver, BC V6M 3A5 www.vc.bc.ca