



JUMP ROPE NINJAS

GRADE 5



CONSECUTIVE JUMPS

JUMPERS MUST START BACK AT ZERO IF THEY MAKE A MISTAKE.

START HERE

15 JUMPS

25 JUMPS

45 JUMPS

65 JUMPS

85 JUMPS

100 JUMPS

125 JUMPS

175 JUMPS

250 JUMPS

ONCE A BELT IS EARNED, THE JUMPER MUST START BACK AT ZERO TO EARN THE NEXT BELT.