

Game/Activity:	Online Basketball Resources
Grade Level:	Grades 6 to 12
Description:	
<p>Below are a number of resources that the Graham Basketball program currently uses for practice planning and skill development.</p> <p><u>The coaching toolbox offers daily emails with drills, skills and ideas.</u></p> <ul style="list-style-type: none"> - The Coaching Toolbox info@coachingtoolbox.net - Example of drill sent this morning: https://coachingtoolbox.net/shaka-smart-evans-shooting-drill?utm_content=4d0e8b0f0296da67df5944b631d7f91f&utm_campaign=181003&utm_source=Robly.com&utm_medium=email <p><u>Web resources</u></p> <p>Below are some resources that we currently subscribe to. If you would like to check out the resources members have access to, feel free to contact us and we will share our login and password info.</p> <p>Basketball Immersion https://basketballimmersion.com/ This site has EVERYTHING a new coach would need to get started.</p> <p>Pure Sweat Basketball https://puresweatbasketball.com/drew-hanlen-basketball-academy/ Another site that is being used across North America by all levels of coaches.</p> <p>Jump Program Http://pro.jumpmanual.com</p> <p>This site provides students an opportunity to focus on plyometrics and explosive movements, all leading towards an increased vertical. This is an excellent way to introduce student athletes into the weight room.</p> <p>For access to any of the above sites please contact: jake_mouritzen@sd33.bc.ca</p>	
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