



**Chilliwack
School District**

COMMUNICABLE DISEASE GUIDELINES FOR K-12 SETTINGS 2021 2022

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Summary of Key Updates

August 24, 2021

- Communicable Disease Plans (p.3) – new section on updated WorkSafeBC guidance, expectations of schools, districts, and the updated BCCDC COVID-19 School Communicable Disease Checklist.
- Regional Differences (p. 3) – new section regarding authority of medical health officers to issue regional public health orders and recommendations for additional measures in schools.
- Vaccines (p. 5) – new section, including expectations for schools/districts to work with their local health authority to increase vaccination uptake in the community.
- Physical Distancing and Space Arrangement (p. 5) – updated to align with current BCCDC and WorkSafeBC guidance, including for staff only spaces, gatherings and events.
- Student Transportation (p. 7) – additional guidance regarding carpooling and other methods of transportation.
- Cleaning and Disinfection (p. 8) – updated to align with current BCCDC guidance including frequency and frequently touched surfaces/items.
- Visitor Access/Community Use (p. 10) – updated regarding communicating school protocols to visitors, maintaining visitor records, and limiting access during school hours where possible.
- Personal Protective Equipment (p. 14) – continued mask requirements in K-12 schools for all staff, students in grades 4 to 12, and visitors.
- General Ventilation and Air Circulation (p. 16) – additional guidance regarding use of portable air conditioners and fans, and strategies to enhance ventilation.
- Curriculum, Programs and Activities (p. 18) – updated guidance regarding field trips, kindergarten program and entry, music programs, shared office space for staff, physical and health education/outdoor programs, school sports, and theatre/dance.
- Extracurricular Activities (p. 23) – updated to align with current BCCDC guidance.
- Communicable Disease Plan Orientation Checklist (p. 25) – updated resource to support delivery of safety orientations to staff and students.

October 1, 2021

Updated guidance regarding mask requirements to now include Kindergarten to Grade 3 in the following sections:

- Working with Students with Disabilities/Diverse Abilities (p. 7)
- Student Transportation (p. 7)
- Personal Protective Equipment (p. 14)
- Music Programs (p. 20)
- Physical and Health Education/Outdoor Programs (p. 21)
- School Sports (p. 22)
- Theatre, Film, and Dance Programs (p. 22)

Introduction

School supports students in developing their potential and acquiring the knowledge, skills and abilities they need for lifelong success. In-person learning, as a part of a student's education, provides the opportunity for peer engagement, which supports social and emotional development as well as overall wellness. It also provides many students access to programs and services that are integral to their overall health and well-being.

Based on guidance from the Provincial Health Officer and experience to date within BC and other jurisdictions that schools continue to be low-risk sites for COVID-19 transmission, even with increased risk of COVID-19 in some communities, K-12 students can participate in full-time, in-class instruction in accordance with current public health guidelines for schools.

To date, the Ministry of Education has allocated \$331 million in provincial and federal funding for the 2020/21 and 2021/22 school years to support the implementation of enhanced health and safety measures in public and independent schools. Schools and school districts have utilized these funds, as well as local reserves, to increase the number of hand-hygiene stations in schools, purchase cleaning supplies and personal protective equipment, improve ventilation, hire custodial staff, and support remote learning among other measures.

Objectives

This document reflects guidelines which were developed by the Ministry of Education in collaboration with the Ministry of Health, Indigenous rightsholders and education partners - including teachers, parents and school leaders - to outline the principles and requirements for maintaining safe learning environments. Their comprehensive guidelines build on the [COVID-19 Public Health Guidance for K-12 Schools](#) developed by the BCCDC to ensure schools have effective measures in place to prevent the transmission of COVID-19.

These guidelines are intended to support K-12 education employees, students, parents, caregivers, administrators and school community members to:

- Be informed about public health measures and how they support a safe school environment.
- Understand their roles and responsibilities in maintaining and promoting safe and healthy schools.

Key Principles

- All schools are to adhere to the standards, guidelines and protocols from the BC Centre for Disease Control and [WorkSafeBC](#).
- The communicable disease guidelines outlined in this document have been developed to complement guidance from the BCCDC and WorkSafeBC.
- All boards of education and independent school authorities are required to have communicable disease plans in place that adhere to the guidelines outlined in the MoE communicable disease guidelines for K-12 settings.
 - In the case of any variance between MoE guidelines and the guidance in the BCCDC's public health communicable disease guidance for K-12 schools, the schools and school districts should follow MoE guidelines.
 - School and school districts are expected to update their communicable disease plans in alignment with updates to the MoE guidelines, and to post their updated plans on their school/school district website.
- Schools should implement psychological safety measures and trauma-informed practice alongside physical health and safety measures. See the [K-12 Education Recovery Plan](#)
- Effective and ongoing communication with school leaders, community partners, Indigenous rightsholders, parents, caregivers, students, unions and employees is an essential aspect of successfully implementing these guidelines.

Communicable Disease Plans

Further to the PHOs [statement](#) on June 17, 2021, employers are no longer required to maintain a COVID-19 Safety Plan but must instead transition to communicable disease prevention¹.

Communicable disease prevention focuses on reducing the risk of workplace transmission of COVID-19 and other communicable diseases, and includes both ongoing measures (e.g. hand hygiene, cleaning) and additional measures to be implemented as advised by public health.

WorkSafeBC [Communicable disease prevention: A guide for employers](#) outlines a four-step process to reduce the risk of communicable disease transmission in the workplace. Steps include understanding the level of risk, implementing appropriate measures, communicating policies and protocols, and updating measures and safeguards as required.

School and district administrators must regularly review their communicable disease plans and should do so with their Site Committees and Joint Health and Safety Committees and address areas where there are identified gaps in implementation. BCCDC has developed a [COVID-19 School Communicable Disease Checklist](#) that can support these communicable disease plan reviews.

Regional Differences

Medical Health Officers continue to be able to place local Public Health Orders requiring additional health and safety measures beyond the guidance in this document at their own discretion, based on their authority under provincial legislation. These measures may be put in place during times of increased community transmission of COVID-19, and within communities with low vaccination uptake, based on local epidemiology and in proportion to the Medical Health Officer's assessment of risk.

Local Public Health Orders may be placed for entire regions or communities, including but not limited to schools (unless schools are specifically exempted), or for specific settings or activities within a health authority region. For schools, the local Medical Health Officer may issue a recommendation for an individual school, a grouping of schools, a school district, all schools within the health authority region, or some combination thereof, to implement specific additional health and safety measures during times of elevated risk.

Additional regional measures are likely to be similar to some of those in place during the 2020-21 school year, and may include:

- limits on gatherings and events,
- reconfiguring room arrangements or incorporating more activities that maximize space between people and reduce face to face contact,
- limiting visitors,
- recommending increased mask use.

Learning groups are not expected to be an additional prevention measure for regional recommendations.

Infection Prevention and Exposure Control Measures

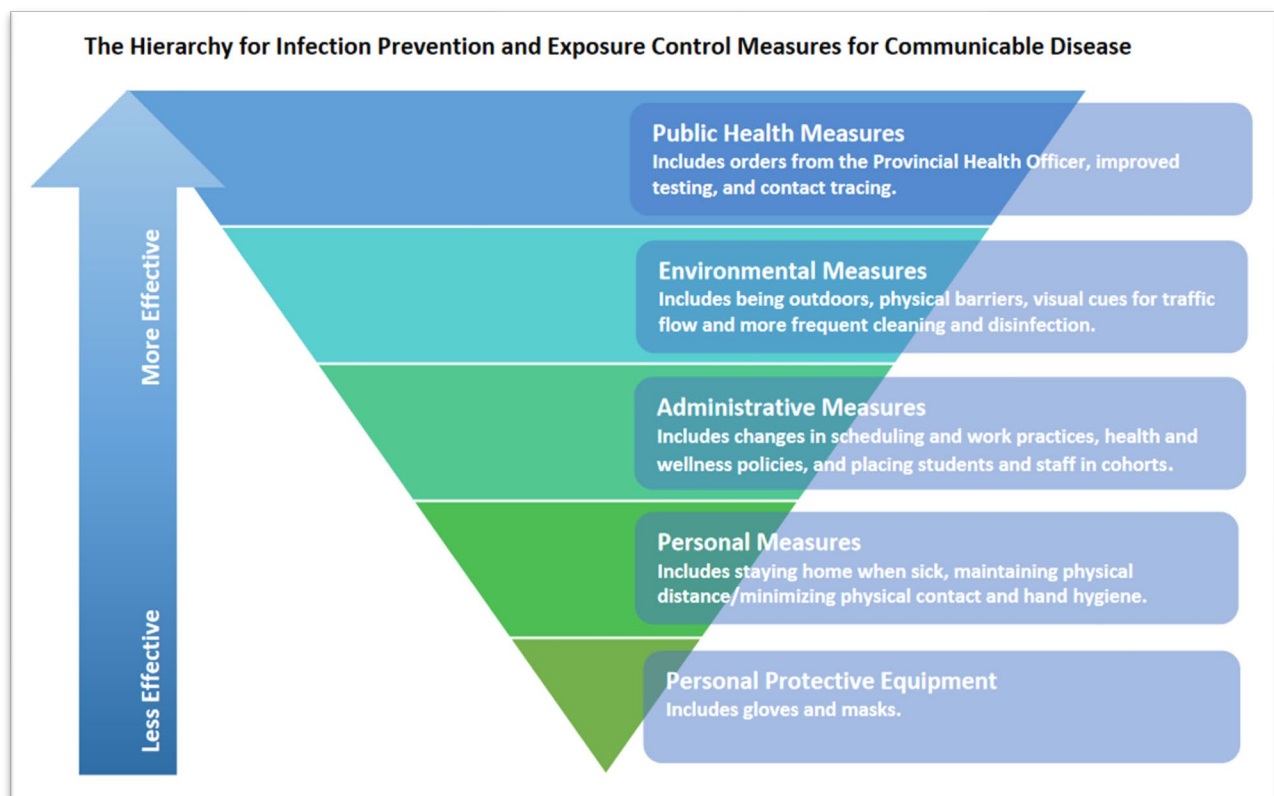
Infection prevention and exposure control measures (also called communicable disease measures or health and safety measures) help create safe environments by reducing the spread of communicable diseases like COVID-19. These are more effective in settings such as schools where there is a relatively consistent grouping of people and multiple measures of various effectiveness can be routinely implemented, including:

- Illness policies for students and staff.

¹ The Provincial Health Officer also recommended that employers maintain some of their existing COVID-19 Safety Plan protocols, specifically those that did not negatively impact business operations, during the transition to communicable disease plans during Step 3 of BC's Restart. These protocols may include barriers already erected in the workplace or directional signage to reduce points of congestion, as examples.

- Reinforcement and adoption of effective personal practices (e.g. hand hygiene, respiratory etiquette).
- Various environmental measures (e.g., enhanced cleaning and disinfecting practices, ensuring HVAC systems are operating properly, etc.)

The Hierarchy for Infection Prevention and Exposure Control Measures for Communicable Disease describes measures that should be taken to reduce the transmission of COVID-19 in schools. Control measures at the top are more effective and protective than those at the bottom. By implementing a combination of measures at each level, the risk of COVID-19 is substantially reduced.



Supportive School Environments

Schools can support students to practice personal preventive measures by:

- Having staff model these behaviours.
- Sharing reliable information, including from the BC Centre for Disease Control and the Office of the Provincial Health Officer, to parents, families and caregivers.
- Promoting required safety measures in the school through the use of visual aids like floor markings and signage.

Staff should utilize positive and inclusive approaches to engage students in preventive practices and should not employ measures that are punitive or stigmatizing in nature². This includes where a student, staff, or other adult (including visitors) cannot comply with a specific safety measure due to health or behavioural reasons. In these circumstances, schools should work with these individuals (and their

² This includes where a student, staff, or other adult (including visitors) cannot comply with a specific safety measure due to health or behavioural reasons. In these circumstances, schools/districts should work with these individuals (and their parents/caregivers, if applicable to a student) to explore other environmental and administrative measures to ensure their safety and the safety of others.

parents/caregivers, if applicable to a student) to explore other environmental and administrative measures to ensure their safety and the safety of others.

Staff should also utilize a trauma-informed lens when planning school activities (e.g. gatherings and events) and interacting with other staff and students, including considerations around respecting others personal space.³

Students and staff may choose to wear masks, face shields or other personal protective equipment in schools beyond the required circumstances [outlined in this document](#), and those choices must be respected.

School administrators are encouraged to review the information in this section with their school community to increase awareness and support from staff, students and families.

Vaccines

Vaccines are the most effective way to reduce the risk of COVID-19 in schools and communities. The vaccines used in BC remain highly effective including among variants of concern. Vaccinated people aged 12 and older tend to have milder illness if they get infected and are also less likely to spread COVID-19 than unvaccinated people 12 and older.

Public health strongly encourages all eligible students and staff to be fully vaccinated (i.e., receive 2 doses) against COVID-19 to protect themselves and those around them including those who are not eligible to be vaccinated. People over 12 who are not vaccinated are at higher risk of getting and spreading COVID-19, with age the greatest factor of individual risk of severe illness. Most COVID-19 cases, hospitalizations, and deaths are now among unvaccinated adults.

According to the BC Centre for Disease Control, children under 12 who are not currently eligible to be vaccinated continue to be less likely to get and spread COVID-19 and have a low risk of serious outcomes if they do get COVID-19. See Appendix A: Evidence Summary of the [Public Health Communicable Disease Guidance for K-12 Schools](#) for more information.

Schools and school districts are expected to work with their local health authority to:

- share evidence-based information (e.g. from [BCCDC](#) and [ImmunizeBC](#)), and details on how and where people can get vaccinated, with staff, students and families prior to the start of the school year; and
- explore opportunities to establish school-based COVID-19 vaccination clinics to help increase community uptake⁴.

While COVID-19 is present in our communities, there will continue to be COVID-19 exposures in schools involving students and staff. However the BC Centre Disease Control reports that, with the increasing proportion of people 12 and over being fully vaccinated and effective communicable disease measures continuing to be in place, exposures are unlikely to lead to further transmission.

Physical Distancing and Space Arrangement

Although public health no longer recommends learning groups and physical distancing of 2M as communicable disease measures for the K-12 setting, there are a number of strategies that schools can consider to help create space between people and to support students and staff in returning to school using a trauma-informed approach:

³ The distance from which a person feels comfortable being next to another person.

⁴ The [Inter-Ministerial Protocols for the Provision of Support Services to Schools](#) (p.12-13) require boards of education and participating independent school authorities to provide a designated space in each school for public health nurses or other qualified health personnel to carry out their duties (including immunizations).

- Remind students and staff about respecting others personal space. Use visual supports, signage, prompts, video modelling, etc. as necessary.
- Use available space to spread people out, both in learning environments and for gatherings and events, where possible.
- Implement strategies that prevent crowding at pick-up and drop-off times. Focus on entry and exit areas, and other places where people may gather or crowd.
- Stagger recess/snack, lunch and class transition times to provide a greater amount of space for everyone.
- Take students outside more often, where and when possible.
- Manage flow of people in common areas, including hallways and around lockers, to minimize crowding and allow for ease of people passing through.
 - Use floor markings and posters to address traffic flow throughout the school. This may include one-way hallways and designated entrance and exit doors. It is important not to reduce the number of exits and ensure the fire code is adhered to.

Staff Only Spaces

Experience to date underscores the importance of COVID-19 prevention among adults, as well as students, in the school setting. The guidelines in this document should be used to determine what measures should be in place within staff-only spaces within a school (e.g. break rooms, school office). [WorkSafeBC guidance for workplaces](#) should be used to determine what measures should be in place for non-school spaces operated by a school district or independent school authority (e.g. board/authority offices, maintenance facilities, etc.).

In addition, K-12 schools and other worksites should implement the following strategies:

- Utilize floor markings and signage to direct traffic flow and prevent crowding (e.g. in the break room, by the photocopier, etc.).
- For gatherings (e.g. meetings, pro-d, etc.), respect room occupancy limits, use available space to spread people out, and consider virtual options. Gatherings must also occur in line with those permitted as per relevant local, regional, provincial and federal public health recommendations and Orders and any related WorkSafe BC guidance.

See the [Person Protective Equipment](#) section for more information.

School Gatherings and Events

School gatherings and events (including inter-school events) can occur in line with those permitted as per relevant local, regional, provincial and federal public health recommendations and Orders. Organizers should apply a trauma-informed lens to their planning, including consideration of:

- respecting student and staff comfort levels regarding personal space,
- using space available to spread people out as much as possible, respecting room occupancy limits, and ensuring enough space is available to prevent involuntarily physical contact between attendees (i.e. overcrowding), and
- gradual transitions to larger gatherings (e.g. school-wide assemblies), including starting with virtual or smaller in-person options, shorter in-person sessions, etc.

See the [Visitor Access/Community Use section](#) for more information on protocols for visitors.

Examinations or assessments are not considered school gatherings, however they must still be delivered in accordance with the health and safety guidelines outlined in this document.

Personal Items

Staff and students can continue to bring personal items to school, but they should be encouraged to not share items that come in contact with the mouth (e.g. food, drinks, unwashed utensils, cigarettes, vaping devices, wind instruments).

Students can continue to use their lockers, as it is better for personal items to be stored in a locker than to be stored in classrooms or carried throughout the school. Schools should implement strategies to manage the flow of students around lockers to minimize crowding and allow for ease of people passing through.

Supporting Students with Disabilities/Diverse Abilities

Expectations for School Districts and Schools

School districts and independent schools are expected to implement health and safety measures that promote inclusion of students with disabilities/diverse abilities.

Most students with disabilities/diverse abilities or medical complexity are not considered at greater risk of experiencing severe illness from COVID-19. For guidelines specific to children with immune suppression (e.g. students who have had a recent organ transplant, who are receiving chemotherapy, those with an illness impacting their immune system), refer to the [K-12 Education Recovery Plan](#) (p.5).

Guidelines for Staff Working with Students with Disabilities/Diverse Abilities where Physical Contact may be Required

Supporting students with disabilities/diverse abilities may require staff providing support services to be in close physical proximity or in physical contact with a student.

When staff are working with a student indoors, and the service cannot be provided from behind a barrier, staff are required to wear a non-medical mask, a face covering or face shield (in which case a non-medical mask must be worn in addition to the face shield). Additional personal protective equipment is not required beyond that used as part of the personal care routine normally encountered in their regular course of work (e.g. gloves for toileting).

When working with students where seeing facial expression and/or lip movement is important, and the service cannot be provided from behind a barrier, options include having the staff member wear a mask with a transparent section to enable visualization of the mouth. More information on masks and face coverings is available on the [BCCDC website](#).

Students in Kindergarten to Grade 12 are also required to wear a non-medical mask or face covering when receiving services indoors and a barrier is not present.

In addition to non-medical mask, those providing health or education services that require being in close proximity to student should follow their standard risk assessment methods to determine if additional PPE is required, in accordance with routine practices.

Schools will have non-medical masks and face shield available for staff.

For more information, including exceptions to mask requirements for staff and students, see the [Personal Protection Equipment \(PPE\)](#) section.

Student Transportation

Buses

The following strategies are recommended for student transportation on buses:

- Buses used for transporting students should be cleaned and disinfected according to the guidance provided in the [cleaning and disinfection section](#) of this document.
- Bus drivers should clean their hands often, including before and after completing trips. They are encouraged to regularly use alcohol-based hand sanitizer with at least 60% alcohol during trips.

- Bus drivers are required to wear a non-medical mask, a face covering or a face shield (in which case a non-medical mask must be worn in addition to the face shield) on school buses except while driving.
 - Schools will have non-medical masks and face shields available for staff.
 - See the [Supporting Students with Disabilities/Diverse Abilities](#) section for more information on safety measures when staff are required to be in physical contact with students.
- Students in Kindergarten to Grade 12 are required to wear non-medical masks or face coverings when they are on the bus.
 - Non-medical masks or face coverings should be put on before loading.

For more information on exceptions to mask requirements for bus drivers and students, see the [Personal Protective Equipment section](#).

- Parents and caregivers must assess their child daily for symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease before sending them to school (see the [Daily Health Check section](#) for more information). **If a child is sick, they must not take the bus or go to school.**
- Students should clean their hands before they leave home to take the bus.
- Spread passengers out if empty seats are available.
- Bus drivers and students should be encouraged to practice [respiratory etiquette](#).
- Open windows when the weather permits.

See the [Field Trips section](#) for more guidance about safety measures for field trips.

Carpooling

Schools should share the following guidance with staff and families regarding carpooling arrangements (personal or school-related):

- Spread out vehicle occupants as much as possible.
- Travel with the same people whenever possible.
- Set the vehicle's ventilation to bring in fresh outside air, and do not recirculate the air.
- Open windows when the weather allows.
- Clean hands before and after trips.
- Clean frequently touched surfaces regularly.

For carpooling related to school activities, students, staff and other adults must follow the mask requirements outlined in the [Personal Protective Equipment section](#). For personal carpooling, as per public health recommendations, school aged children and adults are encouraged to wear masks while carpooling, but masks are not suggested if carpooling with members of the same household.

Other Methods of Transportation

For students, staff and visitors taking mass transit (e.g. municipal buses), hand hygiene should be practiced before and after trips. Riders should follow any other safety guidance including mask guidance issued by the transit authority.

Schools should continue to encourage methods of active transportation (e.g. walking, biking, skateboarding) wherever possible due to the overall health benefits.

Cleaning and Disinfection

Regular cleaning and disinfection are essential to prevent the transmission of COVID-19 from contaminated objects and surfaces.

Definitions

Cleaning: the physical removal of visible soiling (e.g. dust, soil, blood, mucus). Cleaning removes, rather than kills, viruses and bacteria. It is done with water, detergents and steady friction from a cleaning cloth. All visibly soiled surfaces should be cleaned before being disinfected.

Disinfection: the killing of viruses and bacteria. A disinfectant is only applied to objects; never on the human.

Products and Procedures

For **cleaning**, use water and detergent (e.g. liquid dishwashing soap), or common, commercially available cleaning wipes, along with good physical cleaning practices (i.e. using strong action on surfaces). For hard-to-reach areas, use a brush and rinse thoroughly prior to disinfecting.

For **disinfection**, use common, commercially available disinfectants such as ready-to-use disinfecting wipes and pre-made solutions (no dilution needed). pre-made solutions (no dilution needed).

Schools should use commercial disinfectant products, listed on [Health Canada's hard-surface disinfectants for use against coronavirus \(COVID-19\)](#).

Follow the procedures outlined in the [BCCDC Cleaning and Disinfectants](#) for Public Settings document when cleaning and disinfecting.

- Always wash hands before and after handling shared objects.
- Items and surfaces that children have placed in their mouths or that have been in contact with bodily fluids should be cleaned as soon as possible and between uses by different children.
- Dishwasher-safe items can be cleaned and disinfected in a dishwasher with a hot rinse cycle.

Cleaning and Disinfecting Frequency

The following frequency guidelines must be adhered to when cleaning and disinfecting:

- General cleaning of the premises, and frequently touched surfaces **at least once in a 24 hour period**. See the [frequently touched surfaces](#) section for examples.
- Clean and disinfect any surface that is visibly dirty.
- Empty garbage containers daily.

The requirements for daily cleaning and disinfecting outlined above do not apply to spaces/equipment that are not being used by students, staff or visitors. Many schools and districts have implemented procedures such as sign-in sheets posted next to room entrances that help custodial staff focus cleaning/disinfecting activities on those spaces that have been utilized by staff or students.

The recommended cleaning and disinfecting frequency for K-12 and other community setting outline above was determined by infection prevention and control experts at the BC Ministry of Health, BC Centre for Disease Control and the Provincial Health Services Authority.

Frequently Touched Surfaces

Frequently touched surfaces include:

- Items used by larger numbers of students and staff, including doorknobs, light switches, hand railings, water fountains, faucet handles, toilet handles.
- Limiting access to water fountains is no longer recommended. Hand hygiene should be practiced before and after use. Schools should ensure non-drinkable (non-potable) water sources are not used for drinking water, and that these sources are labelled as such ([Part 4 of OHS Regulation](#)).
- **School communicable disease plans should not include restricting access to water, washrooms or other spaces that support student learning and well-being (e.g.**

gymnasiums, libraries, support rooms, etc.). Schools should return to full operation of all spaces in alignment with the protocols outlined in this document.

- Shared equipment (e.g. computer keyboards and tablets, glassware and testing equipment for science labs, kitchen equipment for culinary programs, sewing machines and sewing equipment for home economic programs, PE/sports equipment, music equipment, etc.)
- Appliances (staff and students can share the use of appliances and other objects, but treat items like microwaves, refrigerators, coffee pots, photocopiers or laminators as frequently touched surfaces)
- Service counters (e.g., office service window, library circulation desk)

Some frequently touched items like toys or manipulatives may not be able to be cleaned often (e.g. fabrics) or at all (e.g. sand, foam, playdough, etc.). These items can continue to be used, if hand hygiene is practiced before and after use. Carpet and rugs can also be used.

There is no evidence that the COVID-19 virus is transmitted via textbooks, paper or other paper-based products. Laminated or glossy paper-based products (e.g. children's books or magazines) and items with plastic covers (e.g. DVDs) can be contaminated if handled by a person with COVID-19; however, the risk is low. There is no need for these items to be cleaned and disinfected or quarantined for any period of time, or for hand hygiene to be practiced before or after use.

Cleaning and Disinfecting Bodily Fluids

Follow these procedures, in conjunction with school/district policies, when cleaning and disinfecting bodily fluids (e.g., runny nose, vomit, stool, urine):

- Wear disposable gloves when cleaning blood or body fluids.
- Wash hands before wearing and after removing gloves.
- Follow regular health and safety procedure and regularly used PPE (e.g., gloves, Kevlar sleeves) for blood and bodily fluids (e.g. toileting, spitting, biting).
- Refer to [Biological Agents Exposure Control Plan](#) for more information.

Laundry

Follow these procedures when doing laundry (Home Economics, Physical and Health Education, Life Skills Programs, etc.):

- Laundry should be placed in a laundry basket with a plastic liner.
- Do not shake dirty items
- Wearing gloves is optional. If choosing to wear gloves, ensure hand hygiene is performed before and after use. No other PPE is required.
- Clean hands with soap and water immediately after removing gloves.
 - Wash with regular laundry soap and hot water (60-90°C).

Visitor Access/Community Use

- Schools can leave front doors unlocked for visitor access, but may wish to encourage visitors to make appointments.
 - Visitor access to schools may be restricted by local or provincial public health orders or recommendations from a medical health officer.
- Schools are responsible for ensuring that all visitors are aware of communicable disease protocols and requirements and have completed a daily health check prior to entering the school.
 - Information on communicable disease protocols and requirements for visitors should be posted by the entrance to the school, on the school's website, and included in communications to students and families.
- Schools must have a sign in / sign out process in place for all visitors and staff who are not typically on site (e.g., TTOCs, itinerant teachers, maintenance, IT personnel, district administrators).

Schools should keep a list of the date, names and contact information for all visitors and staff who are not typically onsite who entered the school over the past 45 days.

- All visitors must wear a non-medical mask when they are inside the school. See the [Personal Protective Equipment \(PPE\)](#) section for more information, including exceptions to mask requirements for visitors.
- Where possible, visitor access should be limited to those areas required for the purpose of the visit (e. g. school office for drop-off/pick-up of items, gymnasium for a sports event, etc.), and parents/caregivers should be encouraged to drop-off/pick-up students outside of the school.
- Parents/caregivers and other visitors should respect others' personal space while on school grounds, including outside.

After hours community use of facilities is allowed in alignment with other health and safety measures:

- Use must occur in line with those activities permitted as per relevant local, regional, provincial, and federal public health recommendations and Orders.
- Diligent hand hygiene
- Respiratory etiquette
- Ensuring participants stay home if they are feeling ill
- Where possible, limiting building access to only those areas required for the purpose of the activity.

Community users are responsible for collecting names and contact information of participants to support contact tracing activities by the local health authority.

Student Attendance

To maximize student attendance, repeated and consistent messaging/communication is crucial to allay parents and caregivers that schools are low risk. Health and safety measures continue to be in alignment with public health guidance. For more information, see section on [Communications](#).

Additional guidance regarding students from First Nations communities, and students and parent/caregivers with immune compromise or medical complexity is available in the [K-12 Education Recovery Plan](#).

Illness & Self-Assessment Policies and Protocols

Daily Health Check

A daily health check is a tool to reduce the likelihood of a person with COVID-19 coming to school when they are infectious.

- Parents and caregivers should assess their children daily for illness before sending them to school.
 - Parents/caregivers and students can utilize the [Student Health Check](#) for daily assessment of symptoms.
 - Schools are not required to verify that the student's health check has occurred every day or require that parents/caregivers submit a daily health check form.
- Staff and other adults are required to complete a daily health check prior to entering the school.
- If a student, staff, or other adult is sick, they must not enter the school.

A full list of COVID-19 symptoms is available from [BCCDC](#).

School and School District Responsibilities

School districts and independent school authorities must develop local protocols for schools and adult-only worksites/offices that:

- Ensure staff and other adults (e.g. parents, caregivers, visitors) entering the school/worksites are aware of their responsibility to complete a daily health check prior to entering the school/worksites (e.g. emails/letters, signage on doors) and stay home if they are sick.
- Clearly communicate with parents/caregivers their responsibility to assess their children daily before sending them to school, and keep them home from school if they are sick.

- Establish procedures for students and staff who become sick while at school/work to be sent home as soon as possible.
 - Some students or staff may not be able to be picked up immediately. As such, schools should have a space available where the student or staff can wait comfortably that is separated from others (at least 2M), and provide the student or staff with a non-medical mask if they don't have one (unless they have symptoms and are at risk of vomiting).
 - Schools must provide supervision for younger children, supervising staff should wear a non-medical mask and face shield if they are unable to maintain physical distance, avoid touching bodily fluids as much as possible, and practice diligent hand hygiene.
 - Staff responsible for facility cleaning should clean and disinfect the surfaces/equipment which the person's bodily fluids may have been in contact with while they were ill (e.g., their desk in a classroom, the bathroom stall they used, etc.) prior to the surfaces/equipment being used by others. Cleaning/disinfecting the entire room the person was in is not required in these circumstances.
- Establish procedures that allow for students and staff to return to school/work in line with the guidance in the [Staying Home, Self-Isolation and Symptoms](#) Section.
 - This is to ensure students and staff who are not sick are not kept out of school/away from work longer than necessary.

Schools and districts should not require a health-care provider note (i.e. a doctor's note) to confirm the health status of any individual, beyond those required to support medical accommodation as per usual practices.

Staying Home, Self-Isolation and Symptoms

Stay Home When Required to Self-Isolate

Students, staff or other adults **must stay home if they are required to self-isolate**.

Additional information on self-isolation requirements and support is available from [BCCDC](#).

Symptoms of Illness and Return to School

Students, staff or other adults should stay at home when sick, as this is one of the most important ways to reduce the introduction to and the spread of COVID-19 in schools. The following resources provide guidance regarding specific symptoms of illness:

- Parents/caregivers and students can use the [K-12 Health Check app](#).
- Staff and other adults can refer to BCCDC's [When to get tested for COVID-19](#)
- Staff, students and parents/caregivers can also use the BCCDC online [Self-Assessment Tool](#), call 8-1-1 or their health care provider.

When a staff, student or other adult can return to school depends on the type of symptoms they experienced (as indicated in the K-12 Health Check app When to get tested for COVID-19, if a COVID-19 test is recommended, and the type of illness they had (e.g. COVID-19 or other illness). See Appendix A COVID-19 Symptoms, Testing & Return to School for more information regarding what to do when experiencing COVID-19 symptoms.

Students and staff who experience symptoms consistent with a previously diagnosed health condition (e.g. seasonal allergies) can continue to attend school when they are experiencing these symptoms as normal. They do not require re-assessment by a health-care provider and should not be required to provide a health-care provider note. If they experience any new or unexplained symptoms, they should seek assessment by a health-care provider.

Students or staff may still attend school if a member of their household develops new symptoms of illness, provided the student/staff has no symptoms themselves. If the household member tests positive for COVID-19, public health will advise the asymptomatic student/staff on self-isolation and when they may return to school.

Protocols for Managing Illness and Exposures at School

Refer to the [COVID-19 Protocols for School & District Administrators and Staff](#) for more information.

Hand Hygiene

Rigorous handwashing with plain soap and water is the most effective way to reduce the spread of illness (antibacterial soap is not needed for COVID-19). Follow these guidelines to ensure effective hand hygiene in schools:

- Practice diligent hand hygiene by washing hands with plain soap and water for at least 20 seconds (temperature does not change the effectiveness of washing hands with plain soap and water).
- Facilitate regular opportunities for staff and students to practice hand hygiene:
 - Use portable hand-washing sites and/or alcohol-based hand sanitizer dispensers containing at least 60% alcohol, where sinks are not available.
 - Schools should use commercial hand sanitizer products that have met Health Canada's requirements and are authorized for sale in Canada.
 - Handwashing should be encouraged upon school entry and before/after breaks and eating, using washroom and using gym/playground equipment.
- Promote the importance of diligent hand hygiene to staff and students regularly. For example, display BCCDC's [hand hygiene poster](#) at handwashing sites.
- Ensure handwashing supplies are always well stocked including soap, paper towels and where appropriate, alcohol-based hand sanitizer with a minimum of 60% alcohol.
- Staff should assist younger students with hand hygiene as needed.
- Students may bring their own sanitizer or plain soap if they are on the list authorized by Health Canada or have a medical condition that requires specialized soaps. (See the [List of Hand Sanitizers Authorized by Health Canada](#) for products that have met Health Canada's requirements and are authorized for sale in Canada.)
- If hands are visibly soiled, alcohol-based sanitizer may not be effective at eliminating microbes. Soap and water are preferred when hands are visibly dirty. If it is not available, use alcohol-based hand wipe followed by alcohol-based hand sanitizer.

When Student Should Perform Hand Hygiene:	When Staff Should Perform Hand Hygiene:
<ul style="list-style-type: none">▪ When they arrive at school.▪ Before and after any breaks (e.g., recess, lunch).▪ Before and after eating and drinking (excluding drinks kept at a student's desk or locker).▪ Before and after using an indoor learning space used by multiple classes with shared equipment.▪ After using the toilet.▪ After sneezing or coughing into hands.▪ Whenever hands are visibly dirty.	<ul style="list-style-type: none">▪ When they arrive at school.▪ Before and after any breaks (e.g. recess, lunch).▪ Before and after eating and drinking.▪ Before and after handling food or assisting students with eating.▪ Before and after giving medication to a student or self.▪ After using the toilet.▪ After contact with body fluids (i.e., runny noses, spit, vomit, blood).▪ After cleaning tasks.▪ After removing gloves.▪ After handling garbage.▪ Whenever hands are visibly dirty.

Respiratory Etiquette

Students and staff should:

- Cough or sneeze into their elbow or a tissue.
- Throw away used tissues and immediately perform hand hygiene.

Personal Protective Equipment (PPE)

Personal protective equipment (including masks) can provide an additional layer of protection.

Non-medical masks and face coverings (hereafter referred to collectively as “masks”) have a role to play in preventing the spread of COVID-19. They provide some protection to the wearer and to those around them.

In the event a regional or provincial public health recommendation or Order requires stricter non-medical mask use than what is outlined in this document, that recommendation or Order should be followed.

Those wearing masks must still continue to respect others personal space.

Masks should not be used in place of the other safety measures detailed in this document.

K-12 staff

All K-12 staff are required to wear a mask or a face shield (in which case a mask must be worn in addition to the face shield) indoors in schools and on school buses.

Supporting students with complex behaviours, medical complexities or receiving delegated care may require staff providing health services or other health care providers to be in close physical proximity or in physical contact with a medically complex or immune suppressed student.

- People providing these services in schools must wear a mask (medical or non-medical) when providing services and the service cannot be provided from behind a physical barrier. Additional PPE over and above that needed for routine practices and the use of a medical or non-medical mask is not necessary.
- Those providing health services in schools may be receiving different guidance related to PPE from their regulatory college or employer. Health service providers are encouraged to work with their employer to confirm what PPE is recommended for the services they provide in school settings.
- Parents and caregivers of children who are considered at higher risk of severe illness due to COVID-19 are encouraged to consult with their health care provider to determine their child's level of risk.

For information on PPE when working with students where seeing facial expressions and/or lip movement is important, see the [Guidelines for Staff Working with Students with Disabilities/Diverse Abilities where Physical Contact may be Required](#) section.

K-12 Students

All students in Kindergarten to Grade12 are required to wear a mask or a face shield (in which case a non-medical mask must be worn in addition to the face shield) indoors in schools and on school buses.

Staff should utilize positive and inclusive approaches to engage students in the use of masks and should not employ measures that are punitive or stigmatizing in nature. See the Supportive School Environments section for more information.

The use of masks should not reduce or replace other more effective infections prevention exposure control measures in schools, such as:

- ensuring students and staff are aware of their responsibility to perform a daily health check and to stay home when they are sick or if required to self-isolate,
- daily cleaning and disinfection of frequently touched surfaces, and
- frequent hand hygiene

These measures provide multiple layers of protection that reduce the risk of transmission.

Schools and school districts will have non-medical masks available for staff and students, including anyone who becomes sick while at school.

Visitors

All visitors must wear a non-medical mask when they are inside the school.

Exceptions for Staff, Students, and Visitors

The guidance outlined above regarding mask requirements does not apply to staff, students and visitors in the following circumstances:

- to a person who cannot tolerate wearing a mask for health or behavioral reasons;
- to a person who is unable to put on or remove a mask without the assistance of another person;
- if the mask is removed temporarily for the purposes of identifying the person wearing it;
- if the mask is removed temporarily to engage in an educational activity that cannot be performed while wearing a mask (e.g. playing a wind instrument, engaging in high-intensity physical activity, etc.);
- if a person is eating or drinking;
- if a person is behind a barrier; or
- while providing a service to a person with a disability or diverse ability (including but not limited to a hearing impairment) where visual cues, facial expressions and/or lip reading/movements is important.

While the mask requirements outlined in this document specifically apply to K-12 schools, public health recommends that staff and visitors at non-school sites (e.g., administrative offices, maintenance facilities, etc.) wear masks in indoor common/shared spaces if they are not fully vaccinated. Staff and visitors at non-school sites must also adhere to any regional or provincial public health recommendations or orders for workplaces requiring increased mask use.

Schools must not require a health care provider note to confirm if staff, students, or visitors cannot wear a mask.

No student should be prevented from attending or fully participating at school if they do not wear a mask. See the [Supportive School Environments](#) section for more information.

Students and staff should be supported to know how to properly put on, wear, take off and store non-medical masks and other face coverings. Related information is available on the [BCCDC website](#) and the [Government of Canada website](#).

Medical-grade masks are not required within school settings for general use.

Face shields are a form of eye protection for the person wearing it. They may not prevent the spread of droplets from the wearer. Face shields should not be worn in place of non-medical masks.

General Ventilation and Air Circulation

At this time, there is no evidence that a building's ventilation system, in good operating condition, is contributing to the spread of the virus. Good indoor air ventilation alone cannot protect people from exposure to COVID-19; however, it may reduce risk when used in addition to other preventive measures.

School districts and independent school authorities are required to ensure that heating, ventilation and air conditioning (HVAC) systems are designed, operated, and maintained as per standards and specifications for ongoing comfort for workers ([Part 4 of the OHS Regulation](#)).

School districts and independent school authorities should regularly maintain HVAC systems for proper operation and ensure that:

- schools with recycled/recirculated air systems upgrade their current filters to a minimum MERV 13 filter or higher if possible, and
- schools with fresh air intake systems increase their average air exchanges as detailed on the [ASHRAE website](#) and the [Rocky Point Engineering Ltd](#) website.

School district and site-based safety plans should include provisions for when a school/worksite's ventilation system is temporarily compromised (e.g. partial power outage, ventilation break down).

In order to enhance school ventilation, schools should consider:

- moving activities outdoors when possible (for example, lunch, classes, physical activity) and consider moving classrooms outside when space and weather permit
- ensuring that the ventilation system operates properly
- increasing air exchanges by adjusting the HVAC system
- where possible, opening windows if weather permits and HVAC system function will not be negatively impacted.

When using air conditioners and fans in ventilated spaces, air should be moved from high places to lower places instead of blowing air directly from one person's breathing zone to another's. Avoid horizontal cross breezes.

Use of portable air conditioners and fans in unventilated spaces with doors and windows closed should be avoided, except when necessary during high or excessive heat events. Communicable disease prevention measures need to be balanced against the risk of excessive heat events in warmer months. Schools are encouraged to use BCCDC resources, including on [Heat Event Response Planning](#) and [Wildfire Smoke](#), in planning for excessive heat events.

See the [WorkSafeBC website](#) and [ASHREA Reopening of Schools and Universities Guidance](#) for more information on ventilation and air exchange.

Emergency and Evacuation Drills

Schools should continue to practice emergency (e.g. fire, earthquake, lockdown) and evacuation drills, including the six required annual fire drills as per BC Fire Code 2.8.3.2, and modify current drill procedures to adhere to health and safety guidelines (e.g., providing additional muster spots to prevent crowding/congregating).

- Staff should be notified in advance of emergency/evacuation drills.
- The BC Fire Code requires schools to conduct “total evacuation fire drills” involving all occupants in the building. Partial evacuations involving smaller groups of students would not comply with the fire drill requirements of BC Fire Code 2.8.3.2.
- Schools must continue to update their fire safety plans on an annual basis, as per the BC Fire Code, to “ensure it takes account of the changes in use and other characteristics of the building” (such as current pandemic protocols). Changes to school fire safety plans, including fire drill procedures, should be developed in cooperation with the local fire department.
- Schools may also need to consult with their local medical health officer for guidance on physical distancing and PPE, based on their site-specific conditions and evacuation procedures.
 - In the event of an actual emergency, emergency procedures must take precedence over COVID-19 preventive measures.

Communication and Training/Orientation

School districts and schools must clearly and consistently communicate guidelines from the Provincial Health Officer (PHO) and resources available for information on COVID-19 as needed. Ensure communication of infection prevention and exposure control measures is relayed in multiple formats for ease of understanding (e.g., visual representation, videos using sign language, etc.)

School district and school communications should include evidence-based information, provided by the Provincial Health Officer and BC Centre for Disease Control, to build awareness that the risk of contracting COVID-19 from students is minimal and to help address inaccurate information that might be circulating in the school community.

As well, school districts and schools should consider providing early and ongoing health and safety orientation for staff (including newly hired staff and staff who change worksites), parents/caregivers, students and other adults in the school (e.g., teacher candidates in practicums, volunteers) to ensure all members of the school community are well informed of their responsibilities and resources available. Examples include online information, distribution of orientation and training materials that are clear, concise and easily understood, interactive sessions with Q&A's, material in multiple languages to meet community needs, etc.

See the Communicable Disease Plan Orientation Checklist for considerations to support school districts and independent school authorities in planning their health & safety orientation for staff and students.

School districts and independent school authorities should provide COVID-19 safety orientation opportunities for staff prior to students arriving for the first day of school, and in consultation with their local unions and staff health and safety representatives.

As per WorkSafeBC guidance, employers need to involve frontline workers, joint health and safety committees, and supervisors in identifying protocols for their workplace. School districts and independent school authorities should ensure they have active Site Committees and Joint Health and Safety Committees that meet regularly, including prior to any transitions between stages, and are included in school district/school planning efforts.

WorkSafeBC recommends that employers ensure the following:

- Everyone entering the workplace has received information about the site's measures and practices for managing communicable disease.
- Everyone understands the measures and practices in place at site.
- Supervisors/Administrators are knowledgeable about the measures and practices, and incorporate these into their supervision practices.
- Workers know how to raise health and safety concerns.

Site Committee and Joint Health and Safety Committee meetings should include discussion and review of resources available to staff through their local unions and/or Human Resource departments (e.g. Employee Assistance Program, Counselling Services, BCTF Health and Wellness Program, CUPE Joint Early Intervention Program, etc).

Schools/districts can refer to the [BCCDC website](#) , [B.C.'s Back to School Plan website](#), [WorkSafeBC's website](#) and [Queen's Printer COVID-19 Signage Catalogue](#) for signage and posters.

Curriculum, Programs and Activities

All curriculum, programs and activities should operate in alignment with provincial K-12 health and safety guidelines, including School-led activities held off campus⁵ (e.g. sports academies, community-based programs/courses). Schools should continue to implement ongoing communicable disease prevention practices (e.g. cleaning and disinfecting, hand hygiene, respiratory etiquette) specific to the activity.

Equipment should be cleaned and disinfected as per [Cleaning and Disinfecting guidelines](#) outlined in this document.

Equipment that touches the mouth (e.g. water bottles, instrument mouth pieces) should not be shared unless cleaned and disinfected in between use.

Hand hygiene should be practiced before and after using frequently touched pieces of equipment and whenever hands are visibly dirty.

For guidelines specific to visitor access during school hours (e.g. guest speakers), see the [Visitor Access/Community Use](#) section in this document.

For information on mask requirements for K-12 staff and middle and secondary school students, see the [Personal Protective Equipment](#) section.

Dual Credit

Students may earn ["dual credit" towards graduation by enrolling in and successfully completing courses at specific post-secondary institutions.](#)

- For students taking dual credit courses taken in secondary schools, the health and safety guidelines outlined in this document apply.
- For students taking dual credit courses in post-secondary institutions, schools must ensure students are aware of and adhere to the health and safety guidelines set out by post-secondary institutions. Information on health and safety guidelines for post-secondary institutions can be found on the [B.C. Government website](#) and in individual institutions.

⁵ Students and staff are also required to follow the safety protocols required by the of-campus facility. Where there is a conflict, the safety protocols required by the off-campus facility should be followed.

Adult Education

Adult education programs operated by K-12 schools should follow the guidance outlined in this document, particularly the guidance provided for adults in a school environment. This includes respecting environmental and administrative measures.

Field Trips

When planning field trips, staff should follow existing policies and procedures as well as the guidance in this document. Additional measures specific to field trips should be taken, including:

- For transportation, including school bus transportation, public transit and carpooling, see guidance in the [transportation section](#) in this document.
- Schools must ensure that volunteers providing supervision are trained in and strictly adhere to required health and safety guidelines.
- Alignment with relevant local, regional, provincial and federal public health recommendations and Orders, including for international travel.
- Schools should consider guidance provided for overnight camps from [BCCDC](#) and the [BC Camps Association](#) when planning overnight trips that include group accommodation.

Food/Culinary Programs

Schools can continue to include food preparation as part of learning programs for students. The following guidelines should be applied:

Food Safety

- In the case of food and culinary programs, where food is prepared as part of learning and is consumed by the students who prepared it, the following health and safety measures should apply:
 - Continue to follow normal food safety measures and requirements
 - Implement the cleaning and disinfecting measures outlined in the [Cleaning and Disinfecting](#) section of this document
- [Food safe](#) Level 1 covers important food safety and worker safety information including foodborne illness, receiving and storing food, preparing food, serving food, and cleaning and sanitizing. It is a helpful resource for those seeking education and training on food safety practices.

Hand Hygiene and Cleaning Protocols

- Practice diligent hand hygiene by washing hands with plain soap and water for at least 20 seconds. (Antibacterial soap is not needed for COVID-19.) Students and staff should wash their hands.
- Refer to the [Cleaning and Disinfecting](#) section for cleaning/disinfecting protocols.
- For laundry, follow the instructions provided in the [Cleaning and Disinfecting](#) section of these guidelines.

Food Services

Schools can continue to provide food services, including for sale.

Some schools offer food services that are regulated under the [Food Premises Regulation](#). These are typically cafeterias, though may include some meal programs.

- If food service is provided in schools that is regulated under the Food Premises Regulation, no additional measures beyond those articulated in this document and regular requirements as outlined in the regulation need to be implemented (e.g. a FOODSAFE trained staff member, a food safety plan, etc.).
- [Food Safety Legislation](#) and the [Guidelines for Food and Beverage Sales in B.C. Schools](#) continue to apply as relevant.

For food contact surfaces, schools should ensure any sanitizers or disinfectants used are approved for use in a food service application and are appropriate for use against COVID-19. These may be different than the products noted in this document for general cleaning and disinfection. Additional information is available [BCCDC website](#).

Schools can continue to accept food donations to support learning and the delivery of meal programs, breakfast clubs and other food access initiatives.

Schools should continue to emphasize that food and beverages should not be shared. Schools meal programs should follow regular operating practices.

Fundraisers

Schools can continue to offer fundraisers that can be implemented in line with the health and safety guidelines outlined in this document. If the fundraisers involve the sale of food items, they should also align with the [Guidelines for Food and Beverage Sales in B.C. Schools](#)

Kindergarten Program and Entry

- Include information about communicable disease prevention measures that will be in place as part of communications to students and their families prior to school start.
- Parents/caregivers must follow guidelines for visitors.
- Provide opportunities for Kindergarten students to learn and practice respecting personal space, recognizing they are unlikely to be able to do this at all times.
- Gently remind students of the expectations throughout the day and encourage students to kindly support one another.
- Frequently-touched items like toys or manipulatives that may not be able to be cleaned often (e.g. fabrics) or at all (e.g. sand, foam, playdough, etc.) can be used, if hand hygiene is practiced before and after use. Carpets and rugs (e.g. for circle time activities) can also be used.

Music Programs

- K-12 staff and students must wear masks when indoors and a barrier is not present. Masks can be temporarily removed while engaging in an educational activity that cannot be performed while wearing a mask (e.g. playing a wind instrument) but must be worn while singing.
- Shared equipment should be cleaned and disinfected as per [Cleaning and Disinfecting](#) guidelines and students should be encouraged to practice proper hand hygiene before and after music equipment use.
 - Equipment that touches the mouth (e.g. instrument mouth pieces) should not be shared unless cleaned and disinfected in between uses.
- The BC Music Educators' Association and the Coalition for Music Education in BC have also developed [Guidance for Music Classes in BC During COVID-19](#).
- In the case of any discrepancy in guidance, schools and school districts are expected to follow the Ministry of Education guidelines outlined in this document.

Shared Office Space for Staff

- The guidelines in this document should be used to determine what measures should be in place within staff-only spaces within a school (e.g. break rooms, school office).
- [WorkSafeBC guidance for workplaces](#) should be used to determine what measures should be in place for non-school spaces operated by a school district or independent school authority (e.g. board/authority offices, maintenance facilities, etc.).
- See the [Personal Protective Equipment](#) section for more information on mask requirements for staff.

Physical and Health Education (PHE)/Outdoor Programs

- Spread out students and staff within available space, and encourage outdoor activities and programs as much as possible.
- K-12 staff and students are required to wear masks during PHE/outdoor program classes when they are indoors, and a barrier is not present.
- Students are not required to wear masks during high-intensity physical activities⁶ (e.g. stationary bike, weightlifting, basketball, soccer). Mask use during these activities is left to students' personal choice.
- Staff are encouraged to move high-intensity physical activities outdoors whenever possible.

Why are masks not required during high intensity physical activity in middle & secondary schools? During high intensity physical activity, respiration rates are increased (resulting in a wet mask) and the wearer is more likely to touch their face and adjust the mask frequently. These factors lessen the protective value a mask may offer. In addition, a wet mask is more difficult to breathe through; those wearing masks during high intensity activities should change them as soon as they become wet.

- Shared equipment can be used provided it is cleaned and disinfected as per the guidelines in the [Cleaning and Disinfecting](#) section of this document,
 - Students should be encouraged to practice proper hand hygiene before and after using frequently touched pieces of equipment as well as proper respiratory etiquette.
 - Equipment that touches the mouth (e.g. water bottles) should not be shared unless cleaned and disinfected in between uses.
- For low intensity activities (e.g. yoga, walking), students are required to wear masks when they are indoors, and a barrier is not present.

Playgrounds

There is no current evidence of COVID-19 transmission in playground environments. Playgrounds are a safe environment. The following measures should be taken when using playgrounds:

- Ensure appropriate hand hygiene practices before and after outdoor play
- Attempt to minimize unintentional physical contact between students
- Sand and water can be used for play if children wash their hands before and after play. COVID-19 does not survive well on surfaces, other than hard surfaces. There is no evidence showing that the virus survives on sand, in water or no play dough.

School Libraries/Learning Commons

At this time, there is no evidence that the COVID-19 virus is transmitted via textbooks, paper or other paper-based products. As such, there is no need to limit the distribution or sharing/return of books or paper-based educational resources to students because of COVID-19.

- Laminated or glossy paper-based products (e.g. books, magazines, worksheets, etc.) and items with plastic covers (e.g. DVDs) are low risk items. Regular book browsing and circulation processes can occur as normal. There is no need to clean, disinfect or quarantine these items for any period of time.

⁶ As a general rule, high intensity physical activities involve sustained heavier breathing and elevated heart rates - most people engaged in these activities cannot say more than a few words without having to catch their breath. In contrast, most people engaged in low intensity physical activities can carry on a conversation without having to catch their breath.

- For information on cleaning, including technological devices, see the guidelines in the [Cleaning and Disinfecting](#) section.
- The BC Teacher Librarians Association has developed [Recommendations for Access to Library Learning Commons Resources to Meet COVID-19 Requirements](#). In the case of any discrepancy in guidance, schools are to follow the MoE guidelines outlined throughout this document.

School Sports

Intra and Inter school programs, activities (e.g. intramurals, sports team practices and games) and sports academies and events can continue in alignment with the following guidance:

- Requirements of relevant local, regional and provincial public health recommendations and Orders for community gatherings and events.
- Masks are worn by K-12 students, staff, and other adults when they are indoors and a barrier is not present.
- Students are not required to wear masks during high-intensity¹ sport activities⁷ (e.g. stationary bike, weightlifting, basketball, soccer); mask use during these activities is left to students' personal choice.⁸ Staff are encouraged to move high-intensity sport activities outdoors whenever possible.
- For low intensity sport activities (e.g. stretching, golf), students are required to wear masks when they are indoors and a barrier is not present.
- Use all available space to spread students and staff out as much as possible.
- Shared equipment can be used, provided it is cleaned and disinfected as per the guidelines in the [Cleaning and Disinfecting](#) section of this document.
- Students should be encouraged to practice proper hand hygiene before and after using frequently touched pieces of equipment (e.g. before and after a sports game using a shared ball) as well as proper [respiratory etiquette](#).
- Equipment that touches the mouth (e.g. water bottles) should not be shared unless cleaned and disinfected in between uses.

Trades in Training Programs

- Avoid sharing hand tools by numbering and assigning each student their own supplies, if possible.
- Clean and disinfect shared equipment as per guidelines in the [Cleaning and Disinfecting](#) section of these guidelines.
- When entering classroom spaces, encourage students to use designated areas for leaving personal items, such as in designated desk areas or a marked side of the room.
- Ongoing collaboration and communication with post-secondary institutions for Trades in Training or other pre-trades apprenticeship programs is crucial.
 - Ensure that staff and students in the K-12 school and the post-secondary institution are aware of health and safety measures in place.
 - Diligent student self-assessment of health when transitioning between the secondary school and post-secondary institution.
- Given the unique structure of Trades Training Programs and oversight by the Industry Training Authority (ITA), new information on assessments and programming for these courses is available online.
 - Information for workers is available on the [WorkSafeBC COVID-19 web page](#), including [COVID-19 and communicable disease information for workers](#).

Theatre, Film, and Dance Programs

- Spread out students and staff within available space, and encourage outdoor activities and programs, as much as possible.

⁷ As a general rule, high intensity sport activities involve sustained heavier breathing and elevated heart rates - most people engaged in these activities cannot say more than a few words without having to catch their breath. In contrast, most people engaged in low intensity sport activities can carry on a conversation without having to catch their breath.

⁸ See [Why are masks not required during high intensity physical activity?](#) For more information.

- K-12 staff are required to wear masks during these programs when they are indoors, and a barrier is not present.
- Students in Kindergarten to Grade 12 are required to wear masks during these programs when they are indoors, except during high-intensity physical activity.
- Shared equipment such as set pieces, props, cameras etc. should be cleaned and disinfected as per [cleaning and disinfecting](#) guidelines in this document and students should be encouraged to practice proper hand hygiene before and after
- Staff should refer to the [ABCDE website](#) for more information.

Work Experience

The work environment has changed due to the impacts of COVID-19 and employers will need to follow current guidelines from the [Provincial Health Officer](#) and [WorkSafeBC](#). Students can still engage in work placements in accordance with the following guidance:

- Schools and school districts must ensure students are covered with the required, valid workplace insurance for placements at standard worksites and follow WorkSafeBC guidelines.
 - Information for workers is available on the [WorkSafeBC COVID-19 web page](#), including COVID-19 and communicable disease information for workers.
- For current and any new placements, standards in the ministry [Work Experience Program Guide](#) must be followed. *(Note: As part of setup and monitoring, worksite visits can now be conducted virtually if needed.)*
- Schools and school districts will assess and determine if it is safe for their students to continue with existing work placements or to begin new placements, considering [Provincial Health Officer](#) and [WorkSafeBC](#) guidance regarding COVID-19. To ensure awareness and support for placements under these conditions, it is recommended that school districts and schools obtain parent/guardian sign-off for all new and continuing placements during the COVID-19 pandemic.
- Students and support workers who accompany special needs students to work sites, life skills course and locations, etc., will adhere to the health and safety guidelines of the workplace including wearing PPE if required.

Extracurricular Activities

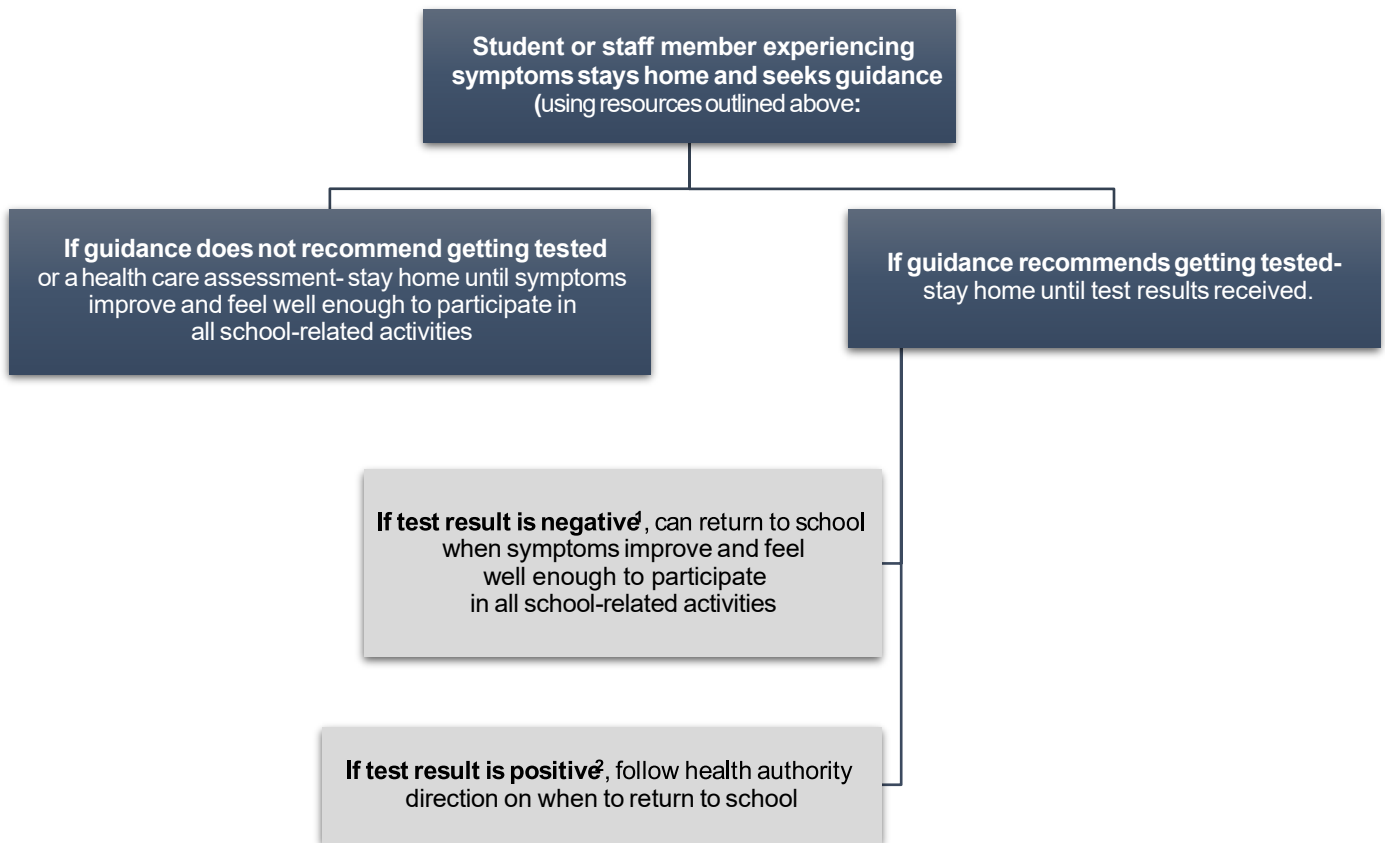
Intra- and inter-school extracurricular activities and special interest clubs can occur in alignment with the guidelines in this document and requirements of relevant local, regional, and provincial public health recommendations and Orders for community gatherings and events.

Appendix A: COVID-19 Symptoms, Testing and Return to School

When a student, staff or other adult can return to school depends on the type of symptoms they experienced and if a COVID-19 test is recommended. See the K-12 [Health Check App](#) and the BCCDC [when to get tested for COVID-19](#) resources for specific guidance. Staff, students and parents/caregivers can use the BCCDC online [Self-Assessment Tool](#) or call 8-1-1 or their health care provider.

¹Symptoms of common respiratory illnesses can persist for a week or more. Retesting is not needed unless the person develops a new illness. BCCDC has information on receiving negative test results.

²Public health will contact everyone with a positive test. Visit the BCCDC website for more information on positive test results.



Appendix B: Communicable Disease Plan Orientation Checklist

This checklist is intended to support school districts and independent school authorities in planning their ongoing health & safety orientation for staff (including newly hired staff and staff who changed worksites), other adults (including volunteers and teacher candidates in practicums) and students. Orientation sessions should provide a comprehensive overview of the key principles and guidelines outlined in the resources listed below, as well as information on how these principles and guidelines will be implemented at the school level:

- [Provincial COVID-19 Communicable Disease Guidelines for K-12 Settings](#)
- [BCCDC's COVID-19 Public Health Communicable Disease Guidance for K-12 School Settings](#)
- [WorkSafeBC's Communicable Disease Prevention: A Guide for Employers](#)
- School/district health and safety plan

Schools and school districts should ensure their Joint Health and Safety Committee is established prior to the orientation session. At the beginning of the school year, schools/school districts are encouraged to hold Joint Health and Safety Committee meetings more frequently to help identify and address any health and safety concerns in a timely manner.

Consideration for Staff and Students

Adopt a trauma-informed approach:

- where possible, have an employee trained in trauma-informed practice deliver some of the orientation.
- conduct needs-based assessments and regular 'check-ins' after the orientation session, and provide contact information to students/staff for requesting additional supports.
- provide information on how to access counselling services during school start up.
- for staff: consider sharing [the Building Compassionate Communities in a New Normal](#) webinar link. This free webinar developed by the Ministry of Education is intended to provide teachers, education assistants, and administrators with information, ideas and strategies that they can use to create compassionate spaces for students.

Highlight the process used to develop the school/district plan (e.g., alignment with provincial direction, engagement at the local level) and the provincial health and safety guidelines:

- Based on the current epidemiology of COVID-19 in B.C., the latest research, guidance from the Provincial Health Officer, and evidence that children are at a lower risk of developing and transmitting COVID-19, K- 12 students can return to full-time, in-class instruction in accordance with current public health guidelines for schools.
- The Provincial COVID-19 Communicable Disease Guidelines for K-12 Settings have been developed by the Ministry of Education in collaboration with the Ministry of Health, Indigenous rightsholders and education partners, including district/school leaders, teachers, support staff, and parents.
- These guidelines are based on the public health guidance developed by the Office of the Provincial Health Officer and the BC Centre for Disease Control.

Discuss the importance of implementing health and safety measures that promote equity and inclusion, and outline how these principles are reflected in the school/district plan.

Review the health and safety guidelines and school/district plan, and describe what a school day will look like with the new guidelines (interactions between peers and staff, traffic flow throughout the school, transition time, recess/lunch, school schedule, etc.).

Outline how comprehensive prevention and exposure control measures are being implemented in schools to ensure student and staff safety (see the "[Infection Prevention and Exposure Control Measures](#)" section for more information).

Discuss measures for gatherings and events: provide opportunities for staff and students to put forward alternatives to continue to support events in a different format if needed (e.g. Virtual).

Discuss preparation for potential transitions (e.g. regional public health order).

Review school emergency and evacuation procedures (e.g., fire drill) considering relevant guidelines. See the “Emergency and Evacuation Drills” section for more information.

Outline individual responsibilities (e.g., daily health check, stay home if sick, etc.) and remind everyone to do their part (e.g., practice diligent hand hygiene on a regular basis)

Outline measures in place to support students and staff who are immune compromised.

Implement strategies to ensure staff and students who cannot attend orientation are made aware of health and safety protocols (e.g., provide a booklet/a video on health and safety plans).

Provide enough time and space for staff, students and families to review the school/district plan, ask questions, and provide input; provide contact information for any future questions that may arise.

Describe the process to address concerns and suggestions regarding the health and safety plan (e.g., suggestions to support continuous improvement).

Outline the process in place to assess and revise the school/district safety plan on an ongoing basis as well as how staff, students and families will be made aware of any changes in the plan.

Communicate proactively and on an ongoing basis about the changes made to policies, practices, and procedures to ensure staff, students and families are informed in a timely manner.

Provide a list of resources and links for more information (e.g., [BCCDC resources](#) – including a [poster on how to wear a mask](#), [resources from the Government of Canada](#) on how to put on, remove, store and clean a nonmedical mask/face covering, guidelines developed by provincial associations, [Ministry-developed trauma informed practice resources](#) or other resources such as [videos from the BC Health Emergency Services](#)

Considerations Specific to Staff

Walk staff (administrators, teachers, teachers teaching on call, support staff, itinerant staff, etc.) through what the first days of school will look like to welcome students back.

- If appropriate, consider involving school staff representatives in the delivery of information pertaining to specific area of expertise

Ensure orientation includes specific health and safety protocols for itinerant staff and specialists (e.g., teachers teaching on call, counsellors, education assistants, teacher candidates) including protocols pertaining to site based scheduling and access to building.

Include itinerant staff as well as on call and auxiliary staff in orientation sessions.

Implement strategies to ensure staff who work at multiple sites are made aware of health and safety protocols in each of the sites (e.g., provide a booklet/a video on health and safety plans for different schools).

Share procedures and contact information in case of emergencies.

Introduce members of the Joint Health and Safety Committee or any other safety representative (along with their contact information) and outline the committee/representative's role in helping maintain a healthy and safe workplace.

Outline the process to request, concerns, or accommodations related to communicable disease prevention measures.

Appendix C: Non-Medical Masks

Masking Guidelines

Face masks can be worn to help protect those around you. This is because masks help to prevent the spread of droplets from a person's mouth and nose when talking, laughing, yelling, singing, coughing or sneezing. It is important to remember that wearing a mask should be combined with other important preventative measures such as frequent hand washing, and physical distancing especially when interacting with each other.

Every Elementary School will be distributed approximately 500 disposable child masks for Monday, October 4.

Under the updated health and safety guidelines, masks are required for all staff and all students K-12 indoors in schools and on school buses. Everyone must treat each other with respect while wearing their masks.

Refer to the [mask use information](#) from the British Columbia Centre for Disease Control (BCCDC).

Even when wearing a mask, staff and students will still be encouraged to physically distance from each other. Exceptions will be made for students who cannot wear masks for medical and/or disability-related reasons.

If a student/staff member develops symptoms while at school provide the student/staff member with a space where they can wait comfortably and that is separated from others. Refer to the [COVID-19 Protocols for School & District Administrators and Staff](#) for more information.

Putting On & Taking Off Your Mask

It is important to put on and take off your mask properly. Follow these steps.

Putting on your mask:

1. Wash your hands with soap and water for 20 seconds or use an alcohol based hand sanitizer.
2. Pick up your mask by the ties or loops to place the mask over your nose and mouth and secure it.
3. Adjust the mask if needed to make sure your nose and mouth are covered. You want the mask to be comfortable, but also tight enough that there are no gaps.
4. While wearing the mask avoid touching your mask or face, and wash your hands if you do.

Removing your mask:

1. Remove it by the ties or loops without touching the front of the mask.
2. Fold the outer part of the mask together and place it where it will remain clean and only you will access it again.
3. Wash your hands with soap and water for 20 seconds or use an alcohol based hand sanitizer.

Be sure to change your mask if it becomes moist, dirty or damaged. Your mask should be cleaned at least once a day.

Storing Your Mask

When you are not using your mask, place it in a paper bag or envelope. This keeps your mask clean until you wear it again, or until you are able to wash it. It's best to use a paper bag or envelope because it does not retain moisture, which is especially important if you are planning on wearing your mask again before you are able to properly wash it.

Washing Your Mask

Your mask should be washed each day, or if it becomes damp or soiled. Your mask can be cleaned by:

- Putting it directly into the washing machine, using a hot cycle, and then drying thoroughly. OR
- Washing it thoroughly by hand using soap and warm/hot water. Allow it to dry completely before wearing it again.

Do's and Don'ts

When worn properly, a person wearing a non-medical mask can reduce the spread of their own infectious respiratory droplets. Some things to remember when wearing a non-medical face mask:

DO

- Inspect the mask to make sure there are no tears or holes, and that it is clean and dry
- Replace your mask whenever it becomes damp or dirty
- Wash your hands with soap and water for 20 seconds or use an alcohol based hand sanitizer before and after touching the mask
- Use the ear loops or ties to put on and remove your mask
- Make sure your nose and mouth are fully covered
- Make sure it fits securely and there are no gaps on the sides
- Store your mask in a clean paper bag when it is not in use
- Wash your mask with hot soapy water and let it dry completely before using it again

DON'T

- Use masks that are damaged, dirty or moist
- Touch the mask while wearing it
- Wear a loose mask
- Wear a mask under your nose
- Hang the mask from your neck or ears
- Remove the mask to talk to someone
- Share your mask

Informational Mask Videos

Government of Canada: [How to Wear a Non Medical Mask](#)

University of British Columbia (UBC): [Mask Use](#)

World Health Organization: [How to Wear a Fabric Mask](#)

Resources About Non-Medical Masks

BC Centre for Disease Control: [Masks](#)

Government of Canada: [How to Choose, Use, and Care for a Non Medical Mask](#)

World Health Organization: [When and How to Use Masks](#)

Appendix D: Frequently Touched Surfaces

SD33 Enhanced Environmental Cleaning Guide

The following enhanced cleaning measures have been developed to mitigate the spread of virus during an outbreak or pandemic. During these times, Custodians place a priority on cleaning and disinfecting surfaces and objects that are touched often:



Main Entrance and All Interior Doors

- Door handles and crash bars
- Push plates and push areas above door handles and crash bars (both sides)



Reception and Offices

- Countertops and desktops
- Light & roll shutter switches
- Cabinet handles
- Copiers/printer touchscreens and lid handles
- Telephones, keyboards/mice



Handrails and Elevators

- Staircase handrails
- Guardrails
- Elevator pushbuttons



Drinking Fountains

- Handles, knobs and pushbuttons of drinking fountains and bottle fillers



Washrooms

- Countertops, faucets, sinks
- Toilet and urinal flush buttons/handles
- Toilet stall locking mechanisms, pulls and areas around (both sides)
- Soap/paper dispensers



Classrooms

- Light & roll shutter switches
- Cabinet handles
- Teacher's chairs (top back and arm rests)
- Student chairs and stool (top back and sides)
- Desks and tables (top and sides and 1-2" of area immediately under the sides)
- Faucets, sinks, countertops
- Telephones, Keyboards, mice
- Soap/paper dispensers



Libraries and Computer Labs

- Light & roll shutter switches
- Cabinet handles
- Countertops and desktops
- Keyboards, mice and monitor power button
- Touchscreens and lid edges on copiers/printers
- Telephones



Staff Rooms

- Light & roll shutter switches
- Cabinet handles
- Faucets, sinks
- Appliance handles
- Countertops
- Tables (top and sides and 1-2" of area immediately under the sides)
- Chairs (top back and arm rests)
- Keyboards, mouse and monitor power button

Exceptions:

Shop equipment, kitchen equipment, furniture (other than listed above), books.

Childcare Spaces:

These groups are clean their own tables, counters, toys and chairs during time of operation. Custodians replenish supplies and also clean and disinfect door handles (both sides of door and push area above door handle), washrooms and sinks, vacuum and damp mop the area once vacated. Custodial will disinfect all touch points including desks, tables, counters and chairs.

If you have any questions regarding these enhanced cleaning procedures, contact Manager of Custodial Services

Phone: 604-792-4327 Cell: 604-793-8325 Email: bryce_stephenson@sd33.bc.ca

