

# G.W. GRAHAM Y PROGRAM



Graham Y supports Chilliwack School District's vision for Human and Social Development and successful Transitions by connecting students to rich opportunities to explore wellness, fitness, creation of a healthy lifestyle, and ways to support overall health within the community.



✓ **Human Social**  
✓ **Transitions**

*"This was one of the most fun courses and something I actually enjoyed doing. It helped a lot with stuff outside of school, like my body and my mental health" - Student*

The Graham Y Program supports student learning, wellness, and community connection through an offsite experience in partnership with the Cheam Leisure Centre YMCA. Through Graham Y, students participate in a well-rounded wellness experience that explores personal development in areas of physical fitness and social emotional learning. Students can access the recreation centre's programs along with the instruction offered by the classroom teacher. School academics (Math and Career Education) are supported through the classroom teacher within a dedicated space provided by the YMCA.

*"I felt more connected because I talked to teachers and students here more than I did at school. I met friends through the program that I probably would not have met at school." - Student*

## Highlights:

- Led by a classroom teacher for full afternoon instruction and connection.
- Supported by an on-site Child and Youth Care Worker.
- Focus on healthy decision-making, goal setting, physical and social emotional learning
- Fosters community connection to support student learning beyond school, to build student confidence.
- Provides the opportunity to complete Personal Development, Active Living, and Strength and Conditioning.
- Fosters student independence and ownership of their learning.

*"I think it's great to see more programs for students that might struggle in the traditional classroom. I think having flexibility and options to do what you want was helpful. I've made a couple friends. It's good to feel a part of something."*  
~ Student

## SEMESTER 1 2023-24 RESULTS

- **Students Registered = 31**
- **Course Completions = 81**
- **Incomplete Courses = 7**

*"I'm so pleased about the Graham Y Program. It's made such a huge difference! (My child) is so excited about being able to manage school" - G.W. Graham Parent*

